



The Family & Children's Trust Fund of Virginia

Resiliency Factors in Preventing Family Sexual Violence

Our Source: The Prevention Institute

Our Agenda

Introductions

Three Keys to Preventing Violence

Keys to Preventing Sexual Abuse

Much Discussion and Building Coalitions



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FACT REPORT

(Introduction: Page 7)

1 in 3 homicides in Virginia resulted from domestic violence

1 in 4 domestic violence homicides were committed in the presence of children.

Source: Virginia Office of the Attorney General.
2009. *Domestic and Sexual Violence in Virginia, page 1*



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Preventing Violence: Key I

*Violence is complex and requires comprehensive approach
(Spectrum of Prevention Approach)*

- **Strengthening individual Knowledge and Skills**
- **Promoting Community Education**
- **Educating Providers**
- **Fostering Coalitions and Networks**
- **Changing Organizational Practices**
- **Influencing Policy and Legislation**



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Violence Prevention: Key II

*Risk and Resilience Factors Must be Addressed
(Resilience factors mitigate some risk factors)*



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Violence Risk Factors

- poverty and economic disparity
- discrimination and oppression
- negative family dynamics
- firearms
- media violence
- alcohol and other drugs
- incarceration and re-entry
- experiencing and/or witnessing violence
- community deterioration
- illiteracy and academic failure
- truancy
- mental illness
- traditional gender socialization



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Resiliency Factors

- economic capital
- meaningful opportunities for participation
- positive attachments and relationships
- good physical and mental health
- social capital
- built environment
- high quality services and institutions
- emotional and cognitive competence
- artistic and creative opportunities
- ethnic, racial, and intergroup relations
- media and marketing



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Preventing Violence: Key III

Preventing Violence Requires and Integrated Strategy for Action

- **Primary Prevention (Every one needs)**
- **Secondary Prevention (Those at Risk)**
- **Tertiary Prevention (Dealing with Consequences)**



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Primary Prevention (Everyone Needs)

- positive early care and education
- positive social and emotional development
- parenting skills
- quality after-school programming
- conflict resolution
- youth leadership
- quality education (including universal school-based violence prevention strategies)
- social connections in neighborhoods



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Secondary Prevention (Needed by those in Risk)

**mentoring
mental health services
family support services
conflict interruption and street outreach**

Tertiary Prevention (Dealing with Consequences)

**mental health services
successful re-entry**



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FACT REPORT

Nearly 2/3 of reported victims of violent sexual offenses, both male and female, are under age 18.

One quarter of all sex offenses occur in the family.

**Source: Virginia Office of the Attorney General
2009 *Domestic and Sexual Violence in Virginia***



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Resiliency Factors in Preventing Family Sexual Violence

Key I: Child Sexual Abuse occurs in a Complex Environment

The Social Ecological Model Requires prevention to occur in:

**Societal Attitudes
Community Attitudes and Norms
Relationships
Individual Factors**



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Discussion

Societal Attitudes

Promotes Sexualized Children

Promotes Submissive Women and Dominant Men

Media Floods children with input while caring adults have less influence

Value is placed on Power

Tolerance is giving to Violence and Aggression

It is the family norm to be private about the events occurring behind closed doors



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Discussion

Community Attitudes and Norms

Lack of Resources in Some Communities

Lack of Caring or Organized Communities

Some Marginal Communities have unhealthy environments



Discussion

Relationships

Technology makes it more challenging for young people to maintain health boundaries

Lack of healthy role models



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Discussion

Individual Factors

Risk Factors
Resiliency Factors



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Discussion

**There are a lot of Resources for Key III
Prevention (Aftermath or Consequences)**

**To Prevent Child Sexual Abuse, We Must Use
Key I, Primary Prevention**



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Discussion:
Spectrum of Prevention Approach to Build Resiliency

How Do You and Your Organization or Practice do the following :

Strengthening individual Knowledge and Skills
Promoting Community Education
Educating Providers
Fostering Coalitions and Networks
Changing Organizational Practices
Influencing Policy and Legislation



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Conclusion

**It is up to us together to influence
Legislation, Society, our communities
and to provide primary prevention in
the form of resiliency to prevent
Child Sexual Abuse**



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Thank You for Joining Us!

**Lets Go Out and do more good work
to prevent Child Sexual Abuse**